



Seniors Yoga Teacher Training Spring 2020 Application

This Teacher Training is intended for practicing Yoga Teachers who have a passion and desire to work with Senior students. If you are not a Yoga Teacher but would like to participate in the training please contact Kristen Beaulieu at info@sacredelders.com to discuss.

Pre-requisite: completion of a 200-hr YTT (it is recommended that you have at least 50 teaching hours as well). If you do not have a YTT but are feeling a strong call to this training and work with Seniors through Yoga please contact Kristen directly to discuss options info@sacredelders.com

Personal Contact Information

Date:

First Name:

Last Name:

Phone:

Email:

Mailing Address:

City:

Prov:

Postal Code:

Inquiry of Your Yoga History and Intentions

How did you hear about this training?

Have you completed a 200-hour Yoga Teacher Training? YES NO

If yes, who did you study with and when did you complete this training?

What other past Yoga Training have you completed (if any)?

Do you currently teach Yoga? If so what style of classes do you teach regularly?

Why are you drawn to learn about teaching Seniors Yoga?

Please send the completed Application to info@sacredelders.com

Have you had any previous experiences working with or providing care or services for Seniors?

Please send the completed Application to info@sacredelders.com